

Sharing The Journey

*A Gathering for Personal Growth and Improved Relationships
(small group discussions)*



Saturday, February 29, 2020

9 am - 3 pm

Bear Hotel, 2101 Spalding Ave. Grants Pass, OR

Lunch included

Listening As A Gift

- Learning to listen to your inner voice
- Being present to one another
- The importance of being heard

Boundaries and Self Care

- Knowing yours-knowing theirs
- Enhance self respect
- Knapsacks and boulders

Relationships

- Common illusions and pitfalls
- When the unexpected happens

Meaning/Purpose

- Self definition
- Where do you go from here

*Everyone
Welcome*

Sponsored by Relationship Recovery

No Cost

For questions, more information or to register, please call 541-474-7574
ask for David or Linda or text 541-261-5213
Please visit www.relationshiprecoverygp.com